



## Lonely in Lockdown? Need to talk?

If you're also missing your loved ones, there is a tiny bit of comfort to be taken in knowing that these feelings are completely normal. Humans are social creatures, and being asked to stay inside and isolate is difficult enough, without the backdrop of a global pandemic to worry about.

As always, there are glimmers of hope to be found in this situation. Connecting with people via Zoom is far from ideal, but 50 years ago we would barely have had the technology to make a single phone call – we're lucky to be able to keep so close to our loved ones, even if we can't in person. There's also the hope that once we're past the worst of the pandemic, hopefully in the next few months, we'll have had a chance to re-evaluate our priorities. We might be able to [take a step back from a job](#) or living situation that no longer makes us happy, or see a [toxic relationship or friendship](#) for what it is. We'll have a clearer understanding of what really matters to us, and what parts of our lives we want to rush back to – and what parts we don't.

Most importantly, you are not alone and if you need help in any way please contact us – the committee are here to help you, practically if needed, and with all of the ideas below to keep you in contact.



## DAN Members Demo with Colin Jack



You are invited to a Zoom art demonstration **at 11am on Wednesday 20<sup>th</sup> May** where Colin will be creating a painting. Those of you who have attended one of his sessions before will know what an interesting and often hilarious time can be had! Colin is deaf as you know, and the ability to use Zoom CHAT makes it even easier to communicate.

Rhys sent out an instruction sheet recently although it seems many of you are already familiar with Zoom. You will need to sign up, so go to <https://zoom.us/> and click on the "Sign Up" button at the top right of the screen. On an iPhone you can download the App from App Store. Other smartphones have their own versions of an App store. It is free to install and free to use (within limits). Please let me know if you will be attending as we need to invite you. Tina. [Tina.watkins@ntlworld.com](mailto:Tina.watkins@ntlworld.com)

If any member has mislaid or didn't receive the Zoom document, please contact Rhys via email at [rhys@photomaestro.co.uk](mailto:rhys@photomaestro.co.uk) and he will send it to you.

## KING LEAR PRIZES

**KING LEAR PRIZES. Have you entered?** This is a national literary and creative arts prizes people aged over 70 who are stuck at home because of Coronavirus. The *King Lear Prizes* was launched to encourage ordinary people, who have never been published before and are not professional writers, musicians or artists, to create new works of literature, poetry, music and art during the time they are quarantined.

Why don't you check it out? All creative arts are represented AND the closing date of the competition is **midnight Friday 29th May 2020**. This is the online application form .. it is VERY simple to use.

[https://docs.google.com/forms/d/e/1FAIpQLSc3evydHv7k\\_j9h4j3y4FJl7NalCeMy60\\_IGrNVZnS0472s1w/viewform](https://docs.google.com/forms/d/e/1FAIpQLSc3evydHv7k_j9h4j3y4FJl7NalCeMy60_IGrNVZnS0472s1w/viewform)

## Watch this Space!

One of the items on our committee agenda has been to review the DAN website. This is now in the process of being re-invented but if you have any suggestions, please do let us know your views.

Another possibly closer to realisation idea is to have a virtual lockdown arts exhibition to include poetry and music videos so that it covers a wide area of the arts – maybe even belly dancing? Just a thought! If this exhibition works well it could be an annual showcase for all aspects of the arts in addition to static ones in buildings. It would probably be held on Facebook or our own website. Details are in progress of being finalised.

## Members Facebook Page - Join in!

Find your fellow DAN members on <https://www.facebook.com/groups/251170139363643/>

This group is available to ALL paid members of DAN to help keep us in touch throughout these interesting times. Post photos of your work, ask advice and questions, start a discussion, do a demonstration. This group is for YOU. Let's share and get through this together will all forms of art and crafting. Many of you have already posted your lockdown pictures and this video of one of **Lyn Davies's** projects is incredible.

<https://www.facebook.com/100007293165041/videos/2636200536633026/>



**Claire Hilton** shared a link with us all of a new blog post on her website which gives you details of some interactive projects you can get creatively involved in from home [www.creatingspacesessions.com/blog](http://www.creatingspacesessions.com/blog). Some is more wellbeing than creative. One has some projects people can get involved with at home. Click and collect!!

Also, **Claire** is giving a Mandala workshop online via Zoom with Worcester Arts Workshop on **Friday 22nd May**, more details on their website under digital courses for those who are interested. It's £5 to attend. There is also an artist's tour on **Friday 15th** by Meadow Arts in the studio of Artists Oliver Jones who has an exhibition on at Berrington Hall which is obviously closed just now.

**Karen Harmon** has been very busy AGAIN creating wonderful watercolour painting demonstrations for beginners and the more advanced painter. Have a look

<https://www.youtube.com/watch?v=x1RKfvaalCY&feature=share&fbclid=IwAR1Q4QKs0r-aw7swokMTcEAl2c5DVANM5E5PIb9os9ZHKxVQmn9hv7D8Xes>

Some fantastic artworks have been shown on the members Facebook page and to whet your appetite here are a few of the super offerings. Do log on and have a look.



Stephen Evans – W2 Fighter Aircraft  
Supermarine Spitfire



Colin Jack – Summer Walks 8



Lynda Sharp – Mackerel painting on  
Glass

## Virtual Meetings! - June 11<sup>th</sup>

A date for your diaries! On **11th June at 11am** we invite members to show and tell us about their work. This will be an online session using Zoom. The idea being that we will all take turns to show and tell – if you wish to do so of course! Those who would like to volunteer for this please contact me and we will add you to the list!

## And on a Final Note.... Musical this time!



David Wornham has been rather busy during lockdown! This is a recording by the U3A Droitwich Wind Instrument Group (DWIG) made during the 2020 COVID-19 Lockdown. For details see <http://u3asites.org.uk/droitwich/page...> All parts were recorded separately at home by the members, and combined into this video. The tune is "Killaloe"  
<https://www.youtube.com/watch?v=nDcgeJAG-oo&feature=youtu.be&fbclid=IwAR22pSc9rnb82CrXCxYaY56pZ-BYYPj91pRrFy3XQ8vvyz6uCB9dI3-6GTQA>

For the latest information visit: <http://www.droitwichartsnetwork.org/> on Facebook  
<https://www.facebook.com/groups/208713719174369/> e-mail [tina.watkins@ntlworld.com](mailto:tina.watkins@ntlworld.com)